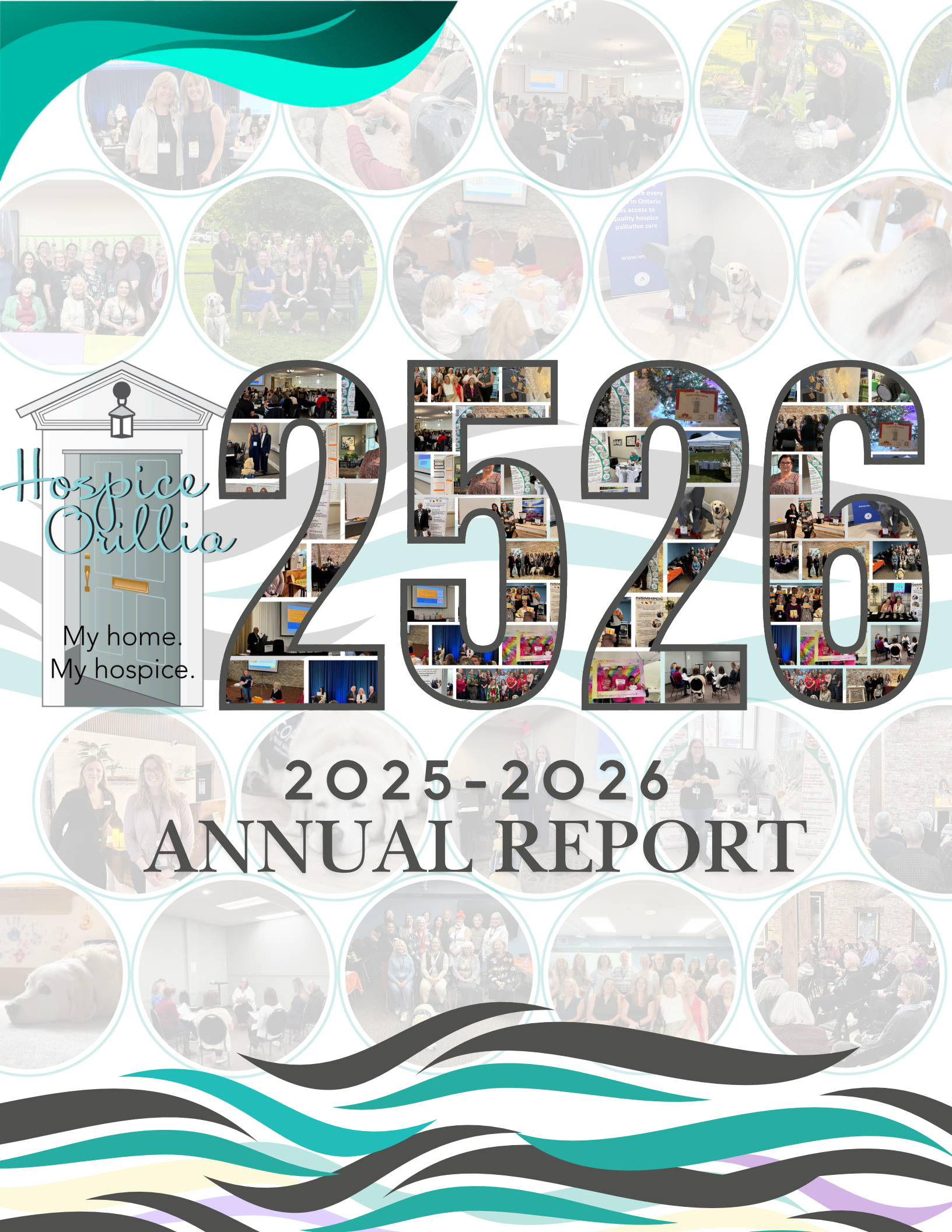




My home.
My hospice.



2025-2026 ANNUAL REPORT

Land Acknowledgement

We respectfully acknowledge that NSMHPCN practices on the traditional territory of the Anishnaabek people, specifically the Chippewas of Rama First Nation, a member of the Chippewa Tri-Council and Three Fires Confederacy along with the Odawa and Pottawatomi Nations. This land continues to be home to many diverse First Nations, Métis, Inuit, and Urban Indigenous Peoples.

We recognize that this territory is covered by the Williams Treaties and Upper Canada Treaties, signed by our governments on behalf of the Anishinaabe and Canadian Peoples. In Muskoka, we are also on the traditional territory of the Anishnaabeg, which includes the Ojibwe, Odawa, and Potawatomi Nations (collectively known as the Three Fires Confederacy). The Huron-Wendat and Haudenosaunee Nations have also walked on this territory over time.

We offer this land acknowledgment as an expression of gratitude and appreciation to those on whose territory we gather, and as a commitment to building respectful, accountable, and continuous relationships with Indigenous nations and communities—including our Urban Indigenous neighbours.

Reconciliation in Action

NSMHPCN recognizes that reconciliation requires a continuous commitment, not just from one organization or generation. It is a persistent endeavour that needs to be embodied and practiced daily.

Our Actions Include:

- Building and sustaining productive partnerships with First Nations, Inuit, Métis, and Urban Indigenous leaders, communities, organizations, and nations based on trust, accountability, and mutual respect
- Supporting Indigenous-led health initiatives including traditional health, healing, and healers
- Working to eliminate inequities in hospice palliative care access and outcomes for all Indigenous Peoples
- Aligning with the Truth and Reconciliation Commission of Canada's Calls to Action
- Supporting the United Nations Declaration on the Rights of Indigenous Peoples
- Honouring Jordan's Principle and Joyce's Principle to support Indigenous peoples in achieving self-determination

Looking Forward

Through our FNIMUI commitment, NSMHPCN ensures a consistent, compassionate, and coordinated approach to hospice palliative care across all communities in North Simcoe Muskoka, honouring the dignity, values, and personal choices of every person we serve.

We remain committed to:

- Continued education for our team through our valued community partners.
- Building stronger relationships with all Indigenous communities across North Simcoe Muskoka.
- Cultural safety and competence in all our services.
- Truth and Reconciliation in action, not just words.



Hospice Orillia, a program of the North Simcoe Muskoka Hospice Palliative Care Network (NSMHPCN), offers practical, emotional, and spiritual support to those in our community coping with advanced illness, death, and bereavement. Our volunteers and staff serve clients and their loved ones of all ages and backgrounds with compassion and respect while honouring their choices and supporting them throughout their life journey. We believe that death is a part of life, a rite of passage.

Hospice Orillia's services are provided free of charge to anyone living with a life-limiting illness, as well as their friends, family members, and caregivers. Services are also available to those navigating their grief journey. Services are offered in the client's home — wherever "home" may be — as well as in community spaces and/or private spaces within the Hospice Orillia office, depending on the program.

Table of Contents

- 2 Land Acknowledgement and Reconciliation in Action
- 3 Table of Contents
- 4 Reflecting on Our Journey:
A Message from our Executive Director and The Board of Directors
- 5 Our Team
- 6 Organizational Overview
- 7 Our Priorities
- 8 Our Commitment to First Nations, Inuit, Métis, and Urban Indigenous Communities
- 9 Our Commitment on Diversity, Equity and Inclusion

Key Highlights

- 10 Hospice Orillia - In-Home Hospice Program
- 12 Grief & Bereavement
- 14 Specialized Grief & Bereavement
- 15 Hospice Orillia Volunteers
- 16 Community Engagement
- 17 Fundraising
- 18 Additional Resources
- 19 Community Partners

Like the waters around us, a palliative approach to care flows through many hands and hearts, with a team working together and adapting as the journey changes to provide the best care possible.

Board of Directors

On behalf of the Hospice Orillia team and the North Simcoe Muskoka Hospice Palliative Care Network (NSMHPCN) Board of Directors, we are pleased to present our Year in Review for the period ending March 31, 2026.

This past year has been one of meaningful growth, deepened compassion, and continued commitment to supporting individuals and families facing life-limiting illness, grief, and loss in the Orillia and surrounding communities.

Through the dedication of our staff, volunteers, and community partners, Hospice Orillia advanced its mission while upholding strong financial stewardship and operational excellence.

Key accomplishments during the year included:

- Expanded reach of one-on-one support for clients, caregivers, and those experiencing life-limiting illnesses and grief, delivered in homes, long-term care settings, and the community.
- Successful delivery of specialized grief programs, including supports for adults grieving the loss of a child, youth grief services, and equine-assisted programs.
- Strong volunteer engagement, with over 35 trained volunteers contributing hundreds of hours of companionship, practical support, and grief facilitation.
- Enhanced community connection through events such as Candles of Remembrance, Garden of Remembrance, Hike for Hospice, and ongoing education and outreach.
- Strengthened partnerships with local healthcare providers, schools, service clubs, and community organizations to ensure inclusive, accessible care.

The NSMHPCN Board of Directors remained actively engaged in guiding Hospice Orillia's strategy, risk management, financial oversight, and governance. Regular board meetings ensured that decisions continued to align with our mission, vision, and long-term goals for compassionate support for those navigating a life-limiting illness and/or grief journey.

Financially, Hospice Orillia maintained a solid position, with revenues and resources managed prudently to support ongoing programs and future opportunities. We are deeply grateful for the continued trust and generosity of our donors, partners, volunteers, staff, and the broader community.

Looking ahead, we remain committed to innovation, accountability, and delivering high-quality, person- and family-centred care to those we serve.

We extend our sincere appreciation to everyone who contributed to the achievements of this past year. Together, we will continue to strengthen Hospice Orillia and pursue excellence in the years ahead.

Yours in gratitude,
Whitney Vowels, Executive Director
and the NSMHPCN Board of Directors



Bruce Bound,
CPA, CA
Chair



Deborah Duncan-Randal
Vice-Chair



Tracy Rynard,
BA, JD
Secretary



Quentin Evans
Treasurer



Pat Hehn
Director



Madelyn Lye, RN
Director



Nicole Johnstone
Director



Sue Martin
Director

Meet the Team



Louise Brazier
Bereavement Services
Coordinator



Stefanie Collins
MSW, RSW
Community Social Worker



Sidney Grocott
RSW, BSW
Community Social Worker



Madison Lahay
Program Assistant



Ashley MacGregor
Volunteer Coordinator



Hema Roopnarine
Executive Coordinator



Amanda Tevelde
Communications,
Fundraising and Community
Relations Specialist



Whitney Vowels
Executive Director



Trooper
COPE
Facility Dog

Organization Overview

Mission

To support the provision of exceptional hospice palliative care and end-of-life care through partnerships, innovative programs, and knowledge exchange.

Vision

A community where the experience of hospice palliative care and end-of-life care honours each individual and their choices.

Values

We are compassionate collaborative and understanding in our approach.

EMPATHY

RESPECT

We honour and value diversity and promote inclusiveness within our communities.

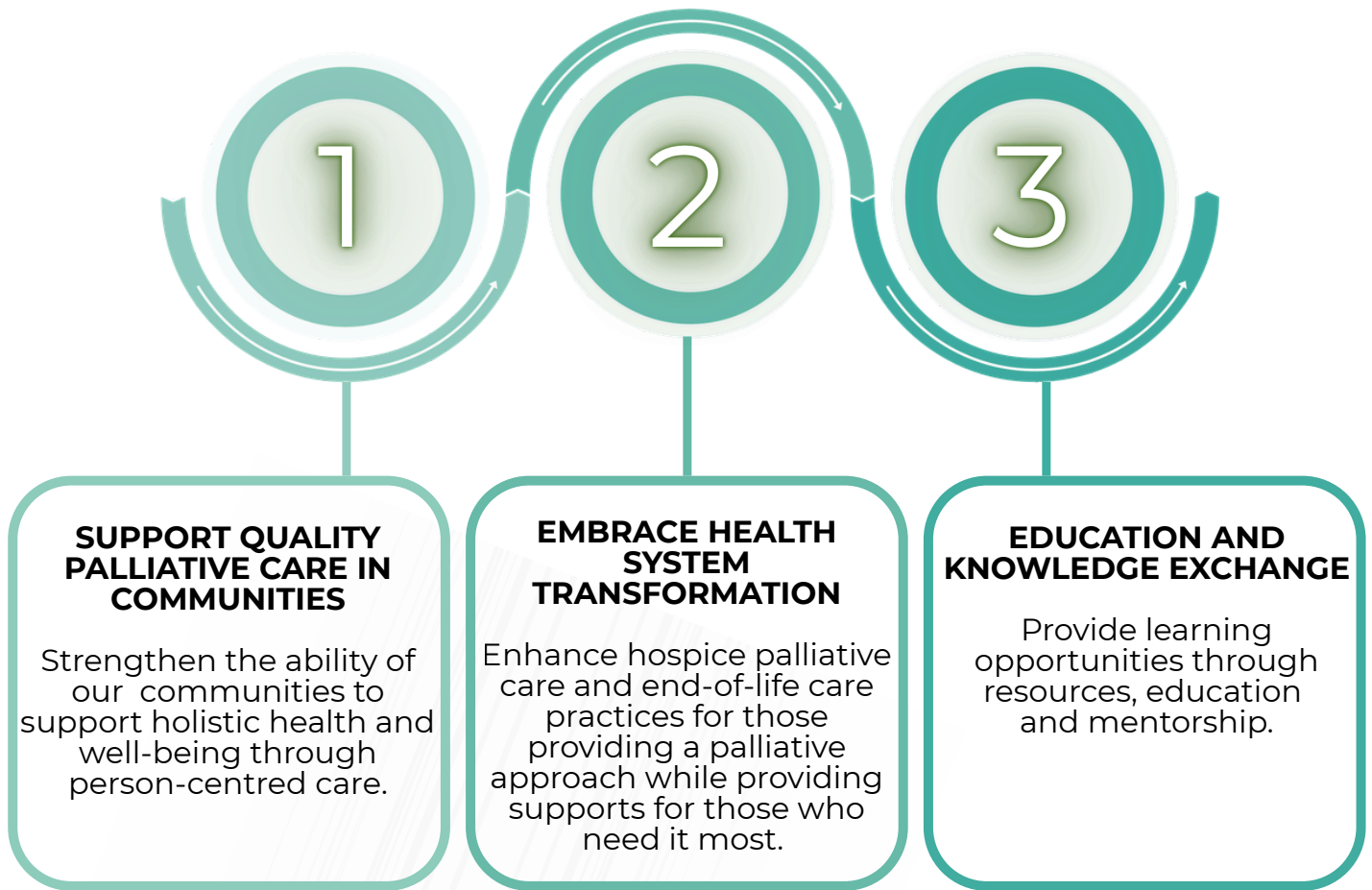
INCLUSIVITY

INTEGRITY

We recognize the inherent worth of every person and their choices.

We act with honesty, strong ethical principles and in compliance with provincial standards.

Our Priorities



Who We Serve

Hospice Orillia provides services to individuals living in Orillia and the surrounding areas. The 800 km² sub-region including:

- Bayshore Village
- Brechin
- Chippewas of Rama First Nation
- Coldwater
- Cumberland Beach
- Gamebridge
- Horseshoe Valley
- Lagoon City
- Moonstone
- Oro-Medonte
- Severn Bridge
- Washago



First Nations, Inuit, Métis, and Urban Indigenous Communities

NSMHPCN is dedicated to honouring all Indigenous communities—First Nations, Inuit, Métis, and Urban Indigenous—who have stewarded these lands since time immemorial. We recognize the significant historical and contemporary contributions of Indigenous Peoples to our area, including one of the oldest human developments—the Mnjikaning Fish Weirs at Mnjikaning First Nation.

Our Values in Action

- Respect: We recognize the inherent worth, wisdom, and sovereignty of all First Nations, Inuit, Métis, and Urban Indigenous Peoples.
- Empathy: We are compassionate, collaborative, and understanding in our approach to Indigenous health and healing.
- Inclusivity: We honour and value the rich diversity of First Nations, Inuit, Métis, and Urban Indigenous communities and promote inclusiveness within our communities.
- Integrity: We act with honesty and strong ethical principles in our relationships with Indigenous partners.

We are committed to building a welcoming, caring, inclusive, and accessible community for all, which includes helping the community understand, acknowledge, and take action toward real Truth and Reconciliation so that we can move forward together with respect, harmony, and dignity for all Indigenous Peoples of the past, present, and future—including Urban Indigenous community members.

Commitment to Continued Learning Through Valued Community Partners

NSMHPCN maintains an ongoing commitment to the continued education of our team through valued community partnerships. Our staff actively participate in educational opportunities to deepen their understanding of First Nations, Inuit, Métis, and Urban Indigenous cultures, histories, and approaches to hospice palliative care. With 100% staff participation in FNIMUI educational programming offered through our community partners, we remain dedicated to continuing our journey as allies to First Nations, Inuit, Métis, and Urban Indigenous Peoples.

Through this ongoing education, the Network strengthens palliative care delivery by gaining culturally inclusive tools and system navigation support that honour Indigenous traditions, healing practices, and family-centred approaches to care for First Nations, Inuit, Métis, and Urban Indigenous Peoples.

Diversity, Equity, and Inclusion

At NSMHPCN, we are deeply committed to fostering a culture of diversity, equity, and inclusion that reflects the rich diversity of our community. We ensure everyone receives compassionate, dignified care—regardless of who they are or where they come from.

Our Commitment

NSMHPCN maintains an environment free from discrimination, where all individuals are treated with respect and dignity and have equal opportunities.

Our programs, services, and opportunities are accessible to everyone, regardless of:

- Age, ancestry, colour, race, citizenship
- Ethnic origin, place of origin, creed
- Disability, family status, marital status
- Gender identity, gender expression
- Receipt of public assistance, record of offences, sex, sexual orientation

Our spaces are safe for all, with private meeting rooms available to ensure comfort and confidentiality.

Our Values in Action

- Respect: We recognize the inherent worth of every person and their choices
- Empathy: We are compassionate, collaborative, and understanding in our approach
- Inclusivity: We honour and value diversity, promoting inclusiveness within our communities
- Integrity: We act with honesty, strong ethical principles, and in compliance with provincial standards

Education and Allyship

Our staff actively engage in ongoing education to deepen their understanding of diversity, equity, and inclusion. 100% of our staff have completed professional development workshops and learning modules through community partners, equipping our team to serve diverse communities effectively.

Staff members are encouraged to act as allies for all marginalized groups. Our goal is to be the best allies we can be—a commitment we continue to fulfill through ongoing education and awareness training.

Looking Forward

Through our DE&I commitment, NSMHPCN ensures a consistent, compassionate, and coordinated approach to hospice palliative care across all communities in North Simcoe Muskoka. We recognize our work is ongoing and remain dedicated to learning, growing, and creating safer spaces where every person receives care that honours their dignity, values, and personal choices.

Key Highlights

Hospice Orillia

The Hospice Orillia program of NSMHPCN offers practical, emotional, and spiritual support to those in our community coping with advanced illness, death, and bereavement.



About the Hospice Orillia logo

The door in the Hospice Orillia logo symbolizes the many doors our team visits to serve clients throughout the community. Support is provided in clients' homes or in a private office space. "Home" means wherever a person resides—including their house, apartment, long-term care facility, hospital, retirement home, or temporary housing.

In-Home Hospice Program

81

**REFERRALS
RECEIVED**

**SERVICES
ACCESSED** 339



Hospice Orillia's In-Home (Visiting) Hospice service completed its submission to HPCO's Accreditation process this fiscal year, achieving a score of 97.06% on the Accreditation Report.

In-home hospice support provides specialized care focused on comfort, symptom relief, and holistic support for individuals with life-limiting illnesses and their families. It addresses physical, psychological, social, and spiritual needs to improve quality of life during the end-of-life journey.

This fiscal year, we strengthened client-centred care and community education through partnerships and volunteer engagement. Bachelor of Social Work student Alessia Naula completed 420 hours of placement, gaining practical skills through job shadowing, case management, assessments, and one-to-one client support.

Our core In-Home Visiting service received 81 referrals in 2025/2026, serving an average of 22.75 clients monthly. Services included volunteer visits, supportive counselling, complementary therapy, and legacy projects.

We measure satisfaction through Quality of Care surveys completed after 3–4 weeks of service. In 2025/2026, 21 surveys were completed, and every client reported satisfaction with Hospice Orillia's services.

These efforts reflect our commitment to building capacity, fostering learning, and providing compassionate care throughout Orillia and Couchiching.

In-Home Hospice Program

Volunteer Visiting Services

The Visiting Volunteers at Hospice Orillia provide meaningful companionship, caregiver relief, and simple comfort measures to individuals living with a life-limiting illness.

This fiscal year, we are pleased to have welcomed five new volunteers to our Visiting Volunteer team, strengthening our ability to support the community.

Thanks to the dedication of our volunteers, 171 individual visits were provided to clients in need of care and connection.

79
sessions

81
hours

Complementary Therapy - Reiki

Through the gentle practice of Reiki, moments of calm, comfort, and connection are created for those navigating a life-limiting illness. Rooted in the concept of “universal life energy,” Reiki offers rest and stress relief in a deeply supportive and peaceful way.

This year, our dedicated volunteer has shared this gift with clients through eight individual sessions, creating quiet spaces for relaxation, reflection, and care.

15
sessions

161
hours

Footprints Project

The Footprints Projects at Hospice Orillia offer meaningful opportunities for clients living with a life-limiting illness to reflect, reminisce, and share their stories. With the compassionate support of a volunteer, these legacy projects help capture memories that can be treasured by family and friends for years to come.

Whether through heartfelt letters and cards, thoughtfully created scrapbooks, or deeply personal life story books, each project becomes a lasting expression of a life lived.

This year, volunteers have dedicated 81 hours to interviewing, transcribing, and gently guiding clients as they share their stories—ensuring their voices, memories, and messages endure.

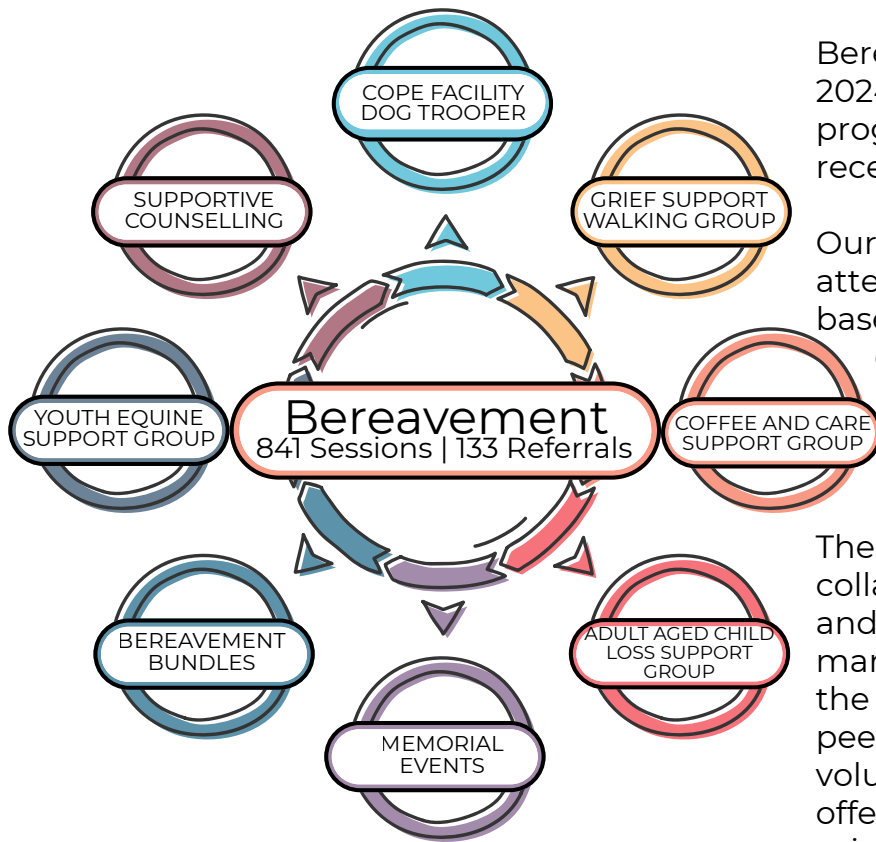
Supportive Counselling

Supporting individuals living with a life-limiting illness, as well as their caregivers and family members, through compassionate counselling provided by our Registered Social Worker.

This support meets clients where they are—emotionally, spiritually, psychologically, and socially—offering a safe space to navigate complex experiences, share their stories, and find comfort along the way.

This year, a total of 161 hours have been dedicated to supportive counselling, delivered in clients' homes and at the hospice office, ensuring care is both accessible and deeply personal.

Grief and Bereavement Program



Bereavement service demand grew in 2024, and our new supportive counselling program for complex grief was well received.

Our dedicated volunteers delivered well-attended groups, with offerings expanded based on community needs. From drop-in coffee and care to structured 8-week groups, participants consistently shared how meaningful it is to grow through grief among peers.

The equine therapy program, in collaboration with Rushmount Equine and Sports, served clients of all ages, with many continuing their relationship with the horses after the group ended. Our 1:1 peer supports remain invaluable, as volunteers with lived experience of loss offer a friendly ear to those navigating grief.

Supportive Counselling

In 2025–2026, Hospice Orillia continued to offer individual counselling within its Bereavement Program, delivered by a Registered Social Worker. This service responds to an ongoing and growing community need for support among individuals experiencing complex grief. The Registered Social Worker provides one-to-one counselling for up to 12 sessions per client. Over the past year, the program has delivered 335 supportive counselling sessions, and demand for this service continues to increase.

Youth Equine Support Group

The Kiwanis Club's generous support helps local youth access equine-assisted programs that build confidence, resilience, and essential life skills. Through working with horses, participants develop empathy, responsibility, and trust while strengthening social connections. Their ongoing commitment continues to nurture youth potential and enhance community well-being.



Key Highlights

Garden of Remembrance

In June we gathered at the Garden of Remembrance located in Couchiching Beach Park, in our beloved Garden. 75 participants joined us for an evening of reflection and flower planting in memory of their loved ones.

Hike for Hospice

The Hike for Hospice provided 550 community members the opportunity to hike in memory of their loved one's. The day was filled with love, laughter and an all-around sense of community.

Memorial Events

Wave of Light

The Wave of Light for those affected by perinatal loss, occurs every fall on Pregnancy and Infant Loss Awareness Day, October 15th. Our volunteers hosted 15 guests for an evening of community and reflection.

Candles of Remembrance

Our winter memorial, Candles of Remembrance, takes place ahead of the busy but sometimes lonely holiday season. 70 guests joined us in 2025 for an evening of reflection.



Bereavement Bundles

The Bereavement Bundles project provides compassionate, accessible support to youth in and around Orillia who are grieving the loss of a loved one or coping with the serious illness of someone significant in their lives. The program offers age-appropriate resources and tools that help young people navigate their grief in healthy and meaningful ways.

Adult Aged Child Loss Support Group

The Adult Child Loss Support Group continued to provide a caring and supportive environment where individuals grieving the loss of a parent could share their experiences, honour their loved ones, and find strength through connection with others who understand their journey.

Coffee and Care Grief Support Group

The weekly Coffee and Care Grief Support Group continues to bring individuals together for meaningful conversation, connection, and support at the Orillia Common Roof Building.

Grief Support Walking Group

The weekly Grief Support Walking Group returned to the Orillia Recreation Centre after a brief hiatus.

PILO NSM



Pregnancy and Infant Loss Outreach of North Simcoe Muskoka (PILO NSM) is a collaborative network of volunteers. This program continues to offer support through structured six-week groups and one-on-one peer support. The network filled a gap and expanded into Muskoka for drop-in monthly groups.

Key Highlights

Specialized Grief and Bereavement Programs

Opening the Door to Grief

This specialized grief support is for individuals living with developmental and intellectual disabilities. Staff and volunteers continue to support clients in the community. We're excited to grow this program in 2026/27.

Building Bridges Behind Bars

NSMHPCN highlighted the important support that continues for incarcerated individuals and presented this project at the 2025 Hospice Palliative Care Ontario Conference.

COPE Facility Dog Trooper

Trooper continues to support the bereavement clients during intakes. He has also supported multiple education sessions and supported individuals living with intellectual disabilities. He attends memorial events and spreads his joy with the Hospice Orillia team and everyone he encounters at the Orillia Common Roof. Trooper has increased his service delivery by supporting the complex grief cases. He is happy to accompany the Social Worker upon request.

A message from Trooper

Hi friends,

It's me, Trooper 🐾—your friendly Facility Dog here at Hospice Orillia!

I can hardly believe how quickly time has flown. This past year marked a special milestone in my journey, and I continue to be so proud to be part of this incredible team. After completing my training with COPE Service Dogs, I've now spent several years working alongside the Bereavement Services program, offering comfort, companionship, and the occasional distraction when it's needed most.

Each day offers new opportunities for connection—sharing quiet moments, offering a reassuring presence, or accepting a well-earned belly rub. I've met countless courageous individuals and families, and it means the world to support them in my own

Thank you for being part of my journey. I look forward to many more visits, walks, and wagging tails ahead.

With love and tail wags,
Trooper 🐾



Volunteers

Hospice Orillia is proud to provide high-quality support to individuals and families facing life-limiting illness or loss. Our volunteers play a vital role in delivering this care. In 2025–2026, one dedicated volunteer retired, bringing our active volunteer count to 34. Recruitment remains an ongoing priority.

Volunteer Rounds

With the launch of our quarterly Volunteer Rounds sessions—both virtual and in-person—volunteers now have a dedicated space to connect, discuss real-life scenarios, ask questions, and receive program updates. These sessions strengthen volunteer confidence and enhance client support.

Volunteer Information Sessions

Hospice Orillia co-hosted four Information Sessions with Mariposa House Hospice. Attendees learned about volunteer opportunities at both organizations—including direct service (reception, kitchen support, resident visits) and organizational roles (fundraising, events, board, admin, gardening, maintenance)—plus screening, training, and the 10-step application process. Direct service volunteers complete ~30 hours of training and a one-year commitment. These well-attended sessions reflect the generous community spirit supporting hospice care in Orillia and Couchiching.

Hospice Orillia volunteers consistently go the extra mile to provide comfort and care. Over the past year:

- 195 hours were dedicated to volunteer training and development
- 544 volunteer hours were devoted to compassionate visiting and bereavement support across 362 sessions

A Heartfelt Thank You to Deborah Duncan-Randal



We are deeply grateful to Deborah Duncan-Randal for her outstanding service and unwavering commitment to our organization. As a founding member, Deborah played an instrumental role in shaping our mission, vision, and the impactful work we do today. Her dedication, wisdom, and passion for community have left an enduring legacy that continues to guide us.

Thank you, Deborah, for your years of generous leadership, thoughtful stewardship, and the countless hours you've invested in building something meaningful for our community. Your contributions have made a lasting difference, and we are honoured to have had you as part of our board of directors.

We wish you all the best in your future endeavours.



Thank You!

Community Engagement

At Hospice Orillia, community engagement is central to how we provide compassionate, person-centred care. Over the past year, we strengthened connections across our region, expanding support for individuals living with life-limiting illness, their caregivers, and those experiencing grief and bereavement.

By listening to individuals, families, and community partners, we can better respond to emerging needs and adapt our programs in meaningful ways. This ongoing dialogue helps ensure our care remains relevant, inclusive, and responsive.

Through community partnerships, public education, and local events, we continued to grow awareness of hospice palliative care. We were also pleased to join with Clinical Coach Nancy Marrow to bring the Waiting Room Revolution to the Couchiching region, helping spark important conversations about serious illness, caregiving, and quality of life.

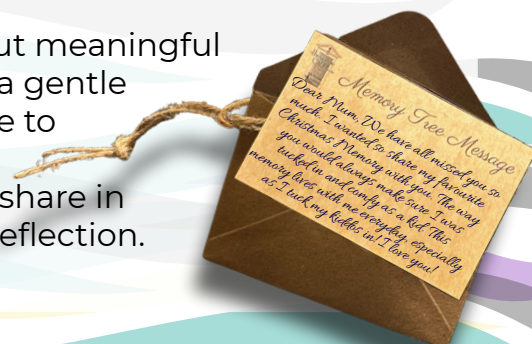
As understanding grows, so does impact. Each conversation, event, and partnership helps reduce stigma, build awareness, and connect more people to the support they need. These moments create a ripple effect of compassion, encouraging others to share, support, and advocate. ts of reflection.



Community Memory Tree

We were also pleased to launch our Memorial Tree, a new opportunity for the community to honour loved ones and reflect during the holiday season. Displayed at various locations around town, with a permanent tree at the Orillia Common Roof Building from late November through the new year, the Memorial Tree invites community members to write a message or note to a loved one and place it in a sealed envelope on the tree.

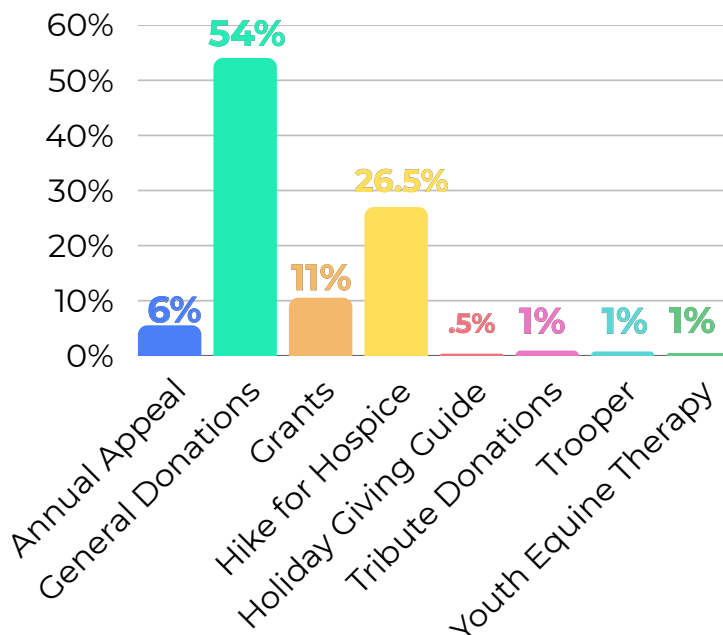
This simple but meaningful tribute offers a gentle way for people to remember, connect, and share in moments of reflection.



Fundraising

Community engagement not only strengthens connection and awareness, it also plays a vital role in sustaining Hospice Orillia's services for the future. Our funding is deeply rooted in the generosity of our community, with more than half of all support (54.73%) coming from general donations—an inspiring reflection of the everyday compassion of individuals and families in our region.

Source of Donations 2025-2026



Grants (10.68%) and our Annual Appeal (5.60%) provide important stability, helping us maintain and grow essential programs and services.

We are also grateful for more specialized and heartfelt contributions, including signature events like Hike for Hospice (27.00%), tribute donations, holiday giving, and programs like Youth Equine Therapy and COPE Facility Dog Trooper. Together, these efforts reflect meaningful, personal connections to hospice care and highlight the many ways our community chooses to give.

Together, these diverse sources of support ensure that Hospice Orillia can continue to provide compassionate, high-quality care at no cost to those who need it most.

Looking ahead, planned giving remains a cornerstone of long-term sustainability.

Hike for Hospice

In May 2025, Hospice Orillia and Mariposa House Hospice came together for the annual Hike for Hospice, raising more than \$83,000 in shared support and welcoming 400 participants and 43 volunteers.

Participants also honoured loved ones through a special tribute featured on event shirts.

The Hike remains a meaningful show of community support, bringing people together in remembrance, celebration, and a shared commitment to compassionate care.



Additional Resources

NSMHPCN Digital Resource Binder

Hospice Palliative Care resources at your finger tips!

[HTTPS://NSMHPCN.CA/RESOURCES/VIRTUAL-RESOURCE-PACKAGE](https://NSMHPCN.CA/RESOURCES/VIRTUAL-RESOURCE-PACKAGE)

We are pleased to share the NSMHPCN Virtual Resource Binder which includes a wealth of resources for all staff of any discipline providing palliative, or end-of-life care, to residents and families in NSM. This includes links to gold standard assessment tools and client/family handouts, regardless of where you work in NSM (Retirement and Long-Term Care Homes and acute care, and community) you have access to these resources and to the services of the Palliative Pain and Symptom Management Consultants (PPSMC's) with the NSMHPCN.

The dedicated team of PPSMC's have carefully curated the resources for you as a Hospice Palliative Care Provider.



Resource Library for Patients, Family Members and Caregivers

[HTTPS://NSMHPCN.CA/PATIENT-FAMILY-CAREGIVERS/](https://NSMHPCN.CA/PATIENT-FAMILY-CAREGIVERS/)

- Advance Care Planning
- Palliative Care Myth Busting
- Hospice Directory
- Supporting Children
- Illness Specific Resources
- Resources for Following Death



Grief & Bereavement Resource Collection

[HTTPS://NSMHPCN.CA/GRIEF-BEREAVEMENT/](https://NSMHPCN.CA/GRIEF-BEREAVEMENT/)

Resources tailored to:

- Children's Grief
- Patients & Families
- Healthcare Workers
- Pregnancy and Infant Loss
- Mental Health Resources
- Plus Educational Resources



FNIMUI Resource Collection



NSMHPCN.CA/FNIMUI-RESOURCES/

Resources include:

- Community Resource Directory
- First Nations Communities Directory
- Illness Specific Resources



Monthly Newsletter Direct to your Inbox



HOSPICE ORILLIA NSMHPCN

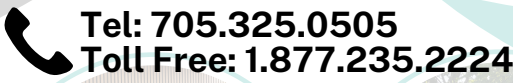
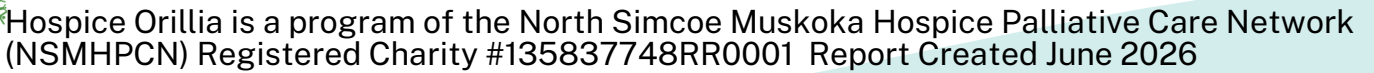


Community Partners

Thank you for your support!

As an organization that supports those living within the North Simcoe Muskoka region, we honour community partnerships. Thank you to every one of our community partners.





A palliative approach to care is a holistic, compassionate model of healthcare focused on relieving suffering and improving the quality of life for individuals living with a serious or life-limiting illness. It supports both the patient and their family by addressing physical, emotional, psychological, and spiritual needs.