

OUR MISSION

Hospice Orillia offers practical, emotional and spiritual support to those in our community coping with advanced illness, death and bereavement. Our volunteers and staff serve clients and their loved ones of all ages and backgrounds with compassion and respect while honouring their choices and supporting them through their life journey.

OUR SERVICE AREA

Hospice Orillia provides services to individuals living in Orillia and the surrounding areas. The 800 km² region includes communities such as Coldwater, Brechin, Gambridge, Lagoon City, Bayshore Village, Chippewas of Rama First Nation, Moonstone, Oro-Medonte, Horseshoe Valley, Washago, Severn Bridge, and Cumberland Beach.

HOW TO ACCESS SUPPORT

Anyone can refer to, or request support from, Hospice Orillia by contacting us directly through one of the following methods:

- **online:** <https://hospiceorillia.ca>
- **phone:** (705) 325-0505
- **scan QR Code:**



We are able to provide support to our clients free of charge thanks to the financial support we receive from Ontario Health and the community.

WHAT IS HOSPICE

Hospice care is a type of health care that focuses on individuals who are living with progressive and terminal illnesses. Hospice care aims to care for the whole person including their physical, social, psychological and spiritual needs, and prioritizes the individual's comfort and quality of life while aligning with a person's goals.

HOW YOU CAN HELP

There are many ways you can help ensure we can continue to provide support to the communities of Orillia and surrounding areas. A few options are:

- volunteer your time,
- host a third-party fundraiser,
- make a financial donation,
- make a tribute donation in honour of a volunteer, or
- list Hospice Orillia as your charity of choice for memorial donations.

For more information on how you can help support Hospice Orillia please call (705) 325-0505 or visit <https://hospiceorillia.ca>.



Hospice Orillia is a program of the North Simcoe Muskoka Hospice Palliative Care Network
169 Front Street South, Orillia, ON L3V 4S8

[HTTPS://HOSPICEORILLIA.CA](https://hospiceorillia.ca)

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CRA #135837748RR0001



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VISITING SERVICES

Providing Community Based Hospice Care in the City of Orillia and surrounding areas since 1989.

ABOUT US

Hospice Orillia provides services to anyone living with a progressing life-limiting illness and/or their friends/family members/caregivers, who are at least 16 years of age and live within our service area. We provide ongoing support from the time of a person's diagnosis through end-of-life, including providing bereavement support after a death.

Each one of our services has a different area of focus and has been designed to help individuals, friends and family members in specialized ways. As such each client goes through an intake process where one of our Social Workers will complete an assessment to help match individuals with the appropriate services.

Referrals can be made by the individual with a progressive life-limiting illness, their family members/friends/caregivers, or anyone on their care team (ex. nurses, doctors). Please note that those referring on behalf of another individual will be required to provide some basic information to complete the referral form, and must do so with consent from the individual.

If Hospice Orillia is unable to help directly, we will put you in touch with other community agencies that can meet the needs of the individual requiring care.

All programs offered through Hospice Orillia are free of charge and may take place at your home, wherever "home" is, or at our office location in a private space. Hospice Orillia is committed to creating and maintaining an environment free of discrimination. All individuals are treated with respect and dignity and have equal opportunities. Our programs, services and opportunities will be accessible regardless of ancestry, colour, race, citizenship, ethnic origin, place of origin, creed, disability, family status, marital status, gender identity, gender expression, receipt of public assistance, a record of offences, sex, or sexual orientation. We always strive to provide a positive space for our clients, volunteers, and staff.

SERVICES AVAILABLE

VOLUNTEER VISITING SERVICES

Volunteer Visitor Services are designed to offer practical and emotional support to individuals living with a progressive life-limiting illness in their own homes. These services may include but are not limited to:

- Companionship – play cards or other games, or just chatting over a cup of tea
- Caregiver relief – spending time with a client while their caregiver takes a break
- Simple comfort measures – playing music, painting and creating art, or other soothing activities

SUPPORTIVE COUNSELLING

Following the diagnosis of a life-limiting or terminal illness, many people find it helpful to speak to someone about the many emotions, thoughts, fears and transitions that come along with illness. Individual counselling offers a safe space to explore ways to address difficult topics, and how to manage life changes.

Counselling is provided by one of our Social Workers, who are registered healthcare professionals. This service is available for individuals living with a progressing life-limiting illness and their caregivers.

FOOTPRINTS LEGACY PROJECT

Legacy activities at Hospice Orillia offer individuals with progressive life-limiting illness a space to reflect on special moments, memories, and events that have had an impact on their lives. Legacy activities can also act as gifts to loved ones. Volunteers will come to the individual's home (wherever "home" is for them) to assist in legacy activities.

Activities Include:

- Letter & Card Writing
- Scrapbooks
- Life Story Book

All supplies will be provided.

COMPLEMENTARY THERAPY

The term "complementary therapy" is used to describe a wide range of therapies aimed at enhancing wellness and relaxation through mind/body techniques or touch therapy.

Complementary Therapy services are offered at no cost wherever "home" is. Therapies are provided by trained and certified practitioners who are volunteering for Hospice Orillia.

Please contact us or check our website for more information on which complementary therapies are currently being offered.

CONTACT US

For more information on services available please contact us directly by phone at (705) 325-0505 or visit us online at <https://hospiceorillia.ca>

If you are unsure on which area of support you would benefit from, please reach out and we would be happy to help explain our programs and services