

## OUR MISSION

Hospice Orillia offers practical, emotional and spiritual support to those in our community coping with advanced illness, death and bereavement. Our volunteers and staff serve clients and their loved ones of all ages and backgrounds with compassion and respect while honouring their choices and supporting them through their life journey.

## OUR SERVICE AREA

Hospice Orillia provides services to individuals living in Orillia and the surrounding areas. The 800 km<sup>2</sup> region includes communities such as Coldwater, Brechin, Gamebridge, Lagoon City, Bayshore Village, Chippewas of Rama First Nation, Moonstone, Oro-Medonte, Horseshoe Valley, Washago, Severn Bridge, and Cumberland Beach.

## HOW TO ACCESS SUPPORT

Anyone can refer to, or request support from, Hospice Orillia by contacting us directly through one of the following methods:

- **online:** <https://hospiceorillia.ca>
- **phone:** (705) 325-0505
- **scan QR Code:**



Referrals can be made by the individual with a progressive life-limiting illness or those who have experienced the loss of a loved one, their family members/friends/caregivers, or anyone on their care team (ex. nurses, doctors). Please note that those referring on behalf of another individual will be required to provide some basic information to complete the referral, and must do so with consent from the individual.

If you are unsure about which area of support you would benefit from, please reach out and we would be happy to help.

## WHAT IS HOSPICE

Hospice care is a type of health care that focuses on individuals who are living with progressive and terminal illnesses. Hospice care aims to care for the whole person including their physical, social, psychological and spiritual needs, and prioritizes the individual's comfort and quality of life while aligning with a person's goals.

## UNDERSTANDING WHAT YOU'RE FEELING

**Grief:** The reaction to the loss of a loved one. It can also be a reaction to the loss of relationships, physical ability, opportunities or future hopes and dreams.

**Bereavement:** The state of having suffered the loss of a loved one. It is the time after a loss during which grief is experienced and mourning occurs.

**Anticipatory Grief:** The feeling of grief occurring before the death of someone close due to illness. A terminally ill individual may also feel this about their impending death.



Hospice Orillia is a program of the North Simcoe Muskoka Hospice Palliative Care Network  
169 Front Street South, Orillia, ON L3V 4S8

[HTTPS://HOSPICEORILLIA.CA](https://hospiceorillia.ca)

PH: (705) 325-0505

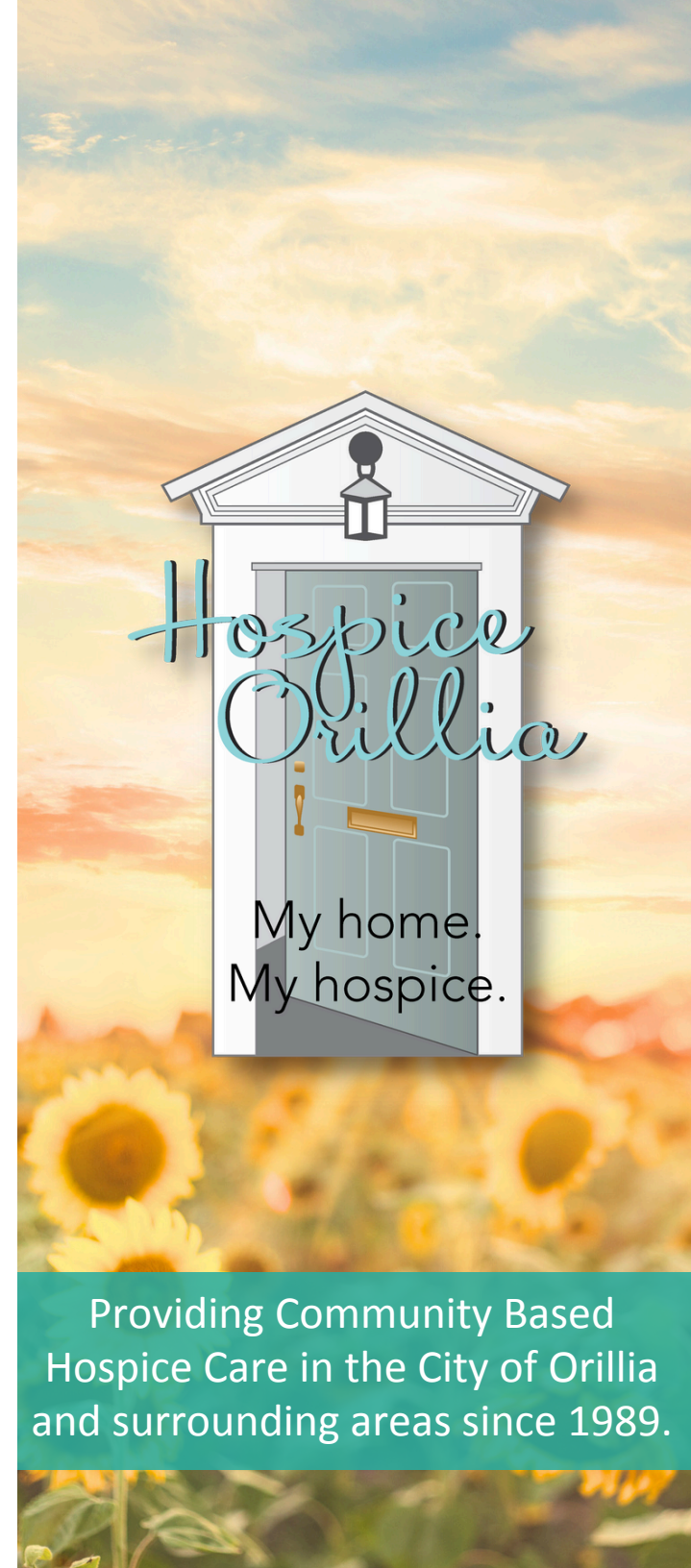
TF: (877) 235-2224

FX: (705) 325-7328

CRA #135837748RR0001



REVIEWED AND EDITED IN MAY 2024



Providing Community Based Hospice Care in the City of Orillia and surrounding areas since 1989.

## ABOUT US

Hospice Orillia is a program of the North Simcoe Muskoka Hospice Palliative Care Network.

Hospice Orillia provides services to anyone living with a progressive life-limiting illness and/or their friends/family members/caregivers, living within our service area. We provide ongoing support from the time of a person's diagnosis through end-of-life, including providing bereavement support after a death.

Each one of our services has a different area of focus and has been designed to help individuals, friends and family members in specialized ways. As such each client goes through an intake process where one of our Program Coordinators will complete an assessment to help match individuals with the appropriate services.

If Hospice Orillia is unable to help directly, we will put you in touch with other community agencies that can meet your needs.

*"The best feeling is knowing that you have made a difference in the lives of your clients. Hospice Orillia does a fabulous job with all of the different programs and services they offer to the community. The people who work at Hospice Orillia are so giving and I love working with them." ~June*

All programs offered through Hospice Orillia are free of charge and may take place at your home, wherever "home" is, or at our office location in a private space. Hospice Orillia is committed to creating and maintaining an environment free of discrimination.

All individuals are treated with respect and dignity and have equal opportunities. Our programs, services and opportunities will be accessible regardless of ancestry, colour, race, citizenship, ethnic origin, place of origin, creed, disability, family status, marital status, gender identity, gender expression, receipt of public assistance, a record of offences, sex, or sexual orientation. We always strive to provide a positive space for our clients, volunteers, and staff.

## SERVICES AVAILABLE

Our volunteers and staff serve clients and their loved ones of all ages and backgrounds with compassion and respect while honouring their choices and supporting them throughout their journey.

Services currently available through the Hospice Orillia program:

### Bereavement Support Services

- Overdose-Related Loss Support
- Pregnancy and Infant Loss Support
- COPE Facility Dog Trooper
- Equine Bereavement Support
- Peer Support Groups
- Peer One-on-One Support
- Youth Equine Bereavement Support
- Youth Bereavement Bundles

### Visiting Hospice Services

- Complementary Therapies
- Footprints Legacy Project
- Supportive Counselling
- Visiting Volunteer Services

At Hospice Orillia we believe that death is a part of life, a rite of passage. There is much that can be done to help individuals and their families face this time with dignity and quality in their lives. Each person is unique and their distinctness will be respected within an atmosphere of confidentiality.

## HOW YOU CAN HELP

We are able to provide support to our clients free of charge thanks to the financial support we receive from Ontario Health and the community.

There are many ways you can help ensure we can continue to provide support to the communities of Orillia and surrounding areas. A few options are:

- volunteer your time,
- host a third-party fundraiser,
- make a financial donation,
- make a tribute donation in honour of a volunteer, or
- list Hospice Orillia as your charity of choice for memorial donations.

For more information on how you can help support Hospice Orillia please call (705) 325-0505 or visit <https://hospiceorillia.ca>.

## VOLUNTEER OPPORTUNITIES

At Hospice Orillia our professionally trained volunteers open their hearts to our clients and their loved ones. Our team of dedicated volunteers ensures we can provide support to more individuals in a meaningful way through everything from facilitating groups, to meeting one-on-one with a client, to capturing a client's life story through our Footprints Legacy Project.

There are many volunteer opportunities including visiting services, bereavement support, community outreach, complementary therapy, fundraising and special events. For more information on volunteering:

- call (705) 325-0505
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